

Hartford Church of England High School – Dance – Year 8

	HT1 & 2	HT 3 & 4	HT 5 & 6
Topic(s)	Hip Hop	Dance Through Film	Emancipation of Expressionism
Focus	<p>Introduction to Hip Hop dance, explore movements taught by the teacher and work on adapting the movements using choreographic devices in dance</p> <ul style="list-style-type: none"> • Action content - actions within hip hop genres - locking, popping. • Isolation – working on adding movements that isolate one body part at a time • Dynamics & relationships - fast/slow, abrupt, strong. • Accumulation – changing a movement in the dance to perform in accumulation • Canon – changing movement from the teacher into canon. 	<p>Introduction to James Bond, watching and analysing scenes and recreating some actions from the scenes. Learning movement which demonstrates action & reaction and mirroring. Developing actions and performing more complex movements</p> <ul style="list-style-type: none"> • Contact, action and reaction, Lead and follow • Dynamics - fast/slow • Physical skills - strength, balance, control 	<p>Introduction to a GCSE set anthology piece. A contemporary Hip Hop style dance which explores 'A journey through life'.</p> <ul style="list-style-type: none"> • Action content in different genres. • Dynamics - fast/slow, abrupt, strong/smooth, sharp, fluid • Mental skills - focus, projection, expression • Demonstrating accumulation • Spatial awareness • Formations
Vocabulary	Extension, Co-ordination, Isolation, Accumulation, unison, canon.	Action & reaction, mirroring, dynamics, highlight, slow motion, contact, lead and follow.	Formations, focus, expression, spatial awareness, dynamics, stimulus.
Assessment	Practical group assessment & written assessment	Practical group assessment & written assessment	Practical group assessment & written assessment
Curriculum Thread	Performance	Choreography	Choreography
Wider Reading	Michael Fink – Hip-Hop Dance Mastery	Andrew Weitzen – How to dance with a partner	Fact File – Emancipation of Expressionism AQA Dance