

Hartford Church of England High School – Dance – Year 7

	HT1 & 2	HT 3 & 4	HT 5 & 6
Topic(s)	Introduction to Dance	Stomp	World Dance
Focus	<p>Introduction to the basic dance actions, creating still images and rehearsing taught movement in unison, and developing movement into canon.</p> <ul style="list-style-type: none"> ● Action content - 6 basic dance actions ● Safe working practice - warm up & cool downs ● Physical skills - Balance, extension, coordination ● Unison, canon, formations, transitions 	<p>Introduction to the performance Stomp, and the use of props. Using props & body percussion to create a performance.</p> <ul style="list-style-type: none"> ● Generating ● Developing ● Structuring ● Use of props 	<p>Looking at 3 different dance styles from across the world, Capeoria, Flamenco and Indian.</p> <ul style="list-style-type: none"> ● Action content - learning similar/the same actions in different styles ● Spatial content ● Expressive skills - phrasing & spatial awareness ● Timing content ● Stylistic qualities
Vocabulary	Unison, Canon, Formations, Actions, Warm up, Cool down	Properties, choreography, body percussion, rhythm, formations, unison	Phrasing, Space, timing, Style, Unison, Partner
Assessment	Practical group assessment & written assessment	Practical group assessment & written assessment	Practical group assessment & written assessment
Curriculum Thread	Performance	Choreography	Performance
Wider Reading	Michael Fink – Learn to dance at any age	Richard Filz – Body Rhythm Dance	Lynn E.Frederickson - Dance Cultures around the world